

## PATIENT INFORMATION LEAFLET

# XEOMIN®



50 units powder for solution for injection  
100 units powder for solution for injection

### 1. NAME OF THE MEDICINAL PRODUCT

XEOMIN 50 units powder for solution for injection  
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### 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

One vial contains 50 units of Botulinum toxin type A (150 kD), free from complexing proteins\*.

One vial contains 100 units of Botulinum toxin type A (150kD), free from complexing proteins\*.

\* Botulinum toxin type A, purified from cultures of Clostridium Botulinum (Hall strain)

For the full list of excipients, see section 6.1.

### 3. PHARMACEUTICAL FORM

Powder for solution for injection (powder for injection)  
White powder

### 4. CLINICAL PARTICULARS

#### 4.1 Therapeutic indications

XEOMIN is indicated for the temporary improvement in the appearance of upper facial lines in adults below 65 years when the severity of these lines has an important psychological impact for the patient:

- moderate to severe vertical lines between the eyebrows seen at maximum frown (glabellar frown lines) and/or
- moderate to severe lateral periorbital lines seen at maximum smile (crow's feet lines) and/or
- moderate to severe horizontal forehead lines seen at maximum contraction

XEOMIN is indicated for the symptomatic treatment of blepharospasm, cervical dystonia of a predominantly rotational form (spasmodic torticollis) and spasticity of the upper limb in adults.

#### 4.2 Posology and method of administration

**Due to unit differences in the potency assay, unit doses for XEOMIN are not interchangeable with those for other preparations of Botulinum toxin type A.**

For detailed information regarding clinical studies with XEOMIN in comparison to conventional Botulinum toxin type A complex (900 kD), see section 5.1.

#### General

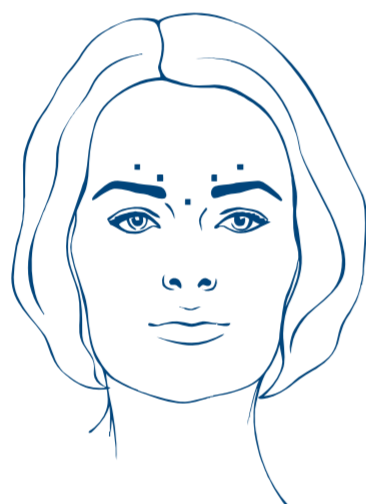
XEOMIN may only be administered by physicians with suitable qualifications and the requisite experience in the application of Botulinum toxin type A.

The optimum dose, frequency and number of injection sites in the treated muscle should be determined by the physician individually for each patient. A titration of the dose should be performed.

#### Posology

**Vertical Lines between the Eyebrows seen at maximum frown (Glabellar Frown Lines)**

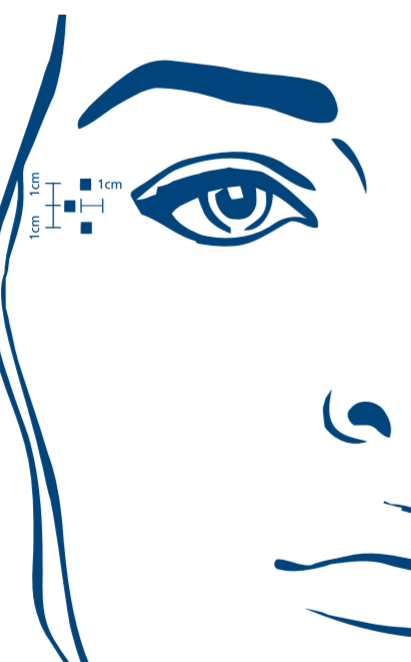
After reconstitution of XEOMIN a dose of 4 units is injected into each of the 5 injection sites: two injections in each corrugator muscle and one injection in the procerus muscle, which corresponds to a standard dose of 20 units. The dose may be increased by the physician to up to 30 units if required by the individual needs of the patients, with at least 3-months' interval between treatments.



An improvement in the vertical lines between the eyebrows seen at maximum frown (glabellar frown lines) generally takes place within 2 to 3 days with the maximum effect observed on day 30. The effect lasts up to 4 months after the injection.

#### Lateral Periorbital Lines seen at maximum smile (Crow's Feet Lines)

After reconstitution of XEOMIN 4 units are injected bilaterally into each of the 3 injection sites. One injection is placed approximately 1 cm lateral from the bony orbital rim. The other two injections each should be placed approximately 1 cm above and below the area of the first injection.



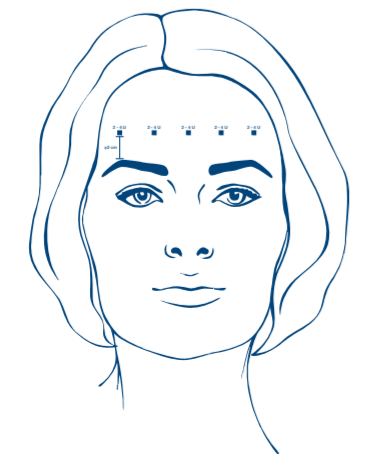
The total recommended standard dose per treatment is 12 units per side (overall total dose: 24 units).

An improvement in lateral periorbital lines seen at maximum smile (crow's feet lines) mostly takes place within the first 6 days with the maximum effect observed on day 30. The effect lasts up to 4 months after the injection.

No efficacy and safety data are currently available for more than two injections in lateral periorbital lines seen at maximum smile separated by a 4-month interval.

#### Horizontal Forehead Lines seen at maximum contraction

The recommended total dose range is 10 to 20 units according to the individual needs of the patients, with at least 3-months' interval between treatments. After reconstitution of XEOMIN a total dose of 10 to 20 units is injected into the frontalis muscle in five horizontally aligned injection sites at least 2 cm above the orbital rim. Per injection point, 2 units, 3 units or 4 units are applied, respectively.



An improvement in the horizontal forehead lines seen at maximum contraction usually occurs within 7 days with the maximum effect observed on day 30. The effect lasts up to 4 months after the injection.

Currently available efficacy and safety data in horizontal forehead lines seen at maximum contraction are limited to two injection cycles separated by a 4 to 5-month interval.

#### Blepharospasm

The initial recommended dose is 1.25 to 2.5 units per injection site. The initial dose should not exceed 25 units per eye. Total dosing should not exceed 100 units every 12 weeks. Treatment intervals should be determined based on the actual clinical need of the individual patient.

The median time to first onset of effect is observed within four days after injection. The effect of a XEOMIN treatment generally lasts approximately 3-4 months, however, it may last significantly longer or shorter. The treatment can be repeated if required.

At repeat treatment sessions, the dose may be increased up to two-fold if the response to the initial treatment is considered insufficient. However, there appears to be no additional benefit obtainable from injecting more than 5.0 units per site.

#### Spasmodic torticollis

In the management of spasmodic torticollis, XEOMIN dosing must be tailored to the individual patient, based on the patient's head and neck position, location of possible pain, muscle hypertrophy, patient's body weight, and response to the injection.

No more than 200 units should be injected for the first course of therapy, with adjustments made in the subsequent courses depending on the response. A total dose of 300 units at any one session should not be exceeded. No more than 50 units should be administered at any one injection site.

The median first onset of effect is observed within seven days after injection. The effect of a XEOMIN treatment generally lasts approximately 3-4 months, however, it may last significantly longer or shorter. Treatment intervals of less than 10 weeks are not recommended. Treatment intervals should be determined based on the actual clinical need of the individual patient.

#### Spasticity of the upper limb

The exact dose and number of injection sites should be tailored to the individual patient based on the size, number and location of muscles involved, the severity of spasticity, and the presence of focal muscle weakness.

Recommended treatment doses per muscle:

Clinical Pattern Muscle	Units (Range)	Number of injection sites per muscle
<b>Flexed Wrist</b> <i>Flexor carpi radialis</i> <i>Flexor carpi ulnaris</i>	25-100 20-100	1-2 1-2
<b>Clenched Fist</b> <i>Flexor digitorum superficialis</i> <i>Flexor digitorum profundus</i>	25-100 25-100	2 2
<b>Flexed Elbow</b> <i>Brachioradialis</i> <i>Biceps</i> <i>Brachialis</i>	25-100 50-200 25-100	1-3 1-4 1-2
<b>Pronated Forearm</b> <i>Pronator quadratus</i> <i>Pronator teres</i>	10-50 25-75	1 1-2
<b>Thumb-in-Palm</b> <i>Flexor pollicis longus</i> <i>Adductor pollicis</i> <i>Flexor pollicis brevis/ Opponens pollicis</i>	10-50 5-30 5-30	1 1 1
<b>Internally rotated/extended/adducted Shoulder</b> <i>Deltoides, pars clavicularis</i> <i>Latissimus dorsi</i> <i>Pectoralis major</i> <i>Subscapularis</i> <i>Teres major</i>	20-150 25-150 20-200 15-100 20-100	1-3 1-4 1-6 1-4 1-2

The maximum total dose for the treatment of upper limb spasticity should not exceed 500 units per treatment session, and no more than 250 units should be administered to the shoulder muscles.

Patients reported the onset of action 4 days after treatment. The maximum effect as an improvement of muscle tone was perceived within 4 weeks. In general, the treatment effect lasted 12 weeks, however, it may last significantly longer or shorter. Repeated treatment should generally be no more frequent than every 12 weeks. Treatment intervals should be determined based on the actual clinical need of the individual patient.

#### All indications

If no treatment effect occurs within one month after the initial injection, the following measures should be taken:

- Clinical verification of the neurotoxin effect on the injected muscle: e.g. an electromyographic investigation in a specialised facility
- Analysis of the reasons for non-response, e.g. poor isolation of the muscles intended to be injected, too low dose, poor injection technique, fixed contracture, too weak antagonist, possible development of antibodies
- Review of Botulinum neurotoxin type A treatment as an adequate therapy
- If no adverse reactions have occurred during the initial treatment, an additional course of treatment can be performed under the following conditions: 1) dose adjustment with regard to analysis of the most recent therapy failure, 2) localisation of the involved muscles with techniques such as electromyographic guidance, 3) the recommended minimum interval between the initial and repeat treatment is followed

#### Special populations

For aesthetic indications, there are limited clinical data from phase 3 studies of XEOMIN in patients over 65 years of age. Until further data are available in this age group, XEOMIN is not recommended for use in patients over 65 years of age.

#### Paediatric population

The safety and efficacy of XEOMIN in children and adolescents aged 0-17 years has not yet been established. XEOMIN is thus not recommended in the paediatric population until further data become available.

#### Method of administration

##### All indications

Reconstituted XEOMIN is intended for intramuscular injection.

After reconstitution, XEOMIN should be used immediately and may only be used for one treatment per patient.

For instructions on reconstitution of the medicinal product before administration and for instructions on disposal of the vials, see section 6.6.

The intervals between treatments should not be shorter than 3 months. If the treatment fails, or the effect lessens with repeated injections, alternative treatment methods should be used.

#### Vertical Lines between the Eyebrows seen at maximum frown (Glabellar Frown Lines)

Before and during the injection, the thumb or index finger should be used to apply firm pressure below the edge of the eye socket in order to prevent diffusion of the solution in this region. Superior and medial alignment of the needle should be maintained during the injection. To reduce the risk of blepharoptosis, injections near the levator palpebrae superioris and into the cranial portion of the orbicularis oculi should be avoided. Injections into the corrugator muscle should be done in the medial portion of the muscle, and in the central portion of the muscle belly at least 1 cm above the bony edge of the eye socket.

Reconstituted XEOMIN is injected using a thin sterile needle (e.g. 30-33 gauge/0.20-0.30 mm diameter/13 mm length needle). An injection volume of approximately 0.04 to 0.1 ml per injection site is recommended.

#### Lateral Periorbital Lines seen at maximum smile (Crow's Feet Lines)

The injection should be done intramuscularly into the orbicularis oculi muscle, directly under the dermis to avoid diffusion of XEOMIN. Injections too close to the zygomaticus major muscle should be avoided to prevent lip ptosis.

Reconstituted XEOMIN is injected using a thin sterile needle (e.g. 30-33 gauge/0.20-0.30 mm diameter/13 mm length needle). An injection volume of approximately 0.04 to 0.1 ml per injection site is recommended.

#### Horizontal Forehead Lines seen at maximum contraction

Paralyzing of lower muscle fibers by injecting XEOMIN near the orbital rim should be avoided to reduce the risk of brow ptosis.

Reconstituted XEOMIN is injected using a thin sterile needle (e.g. 30-33 gauge/0.20-0.30 mm diameter/13 mm length needle). An injection volume of approximately 0.04 to 0.1 ml per injection site is recommended.

#### Blepharospasm

After reconstitution, the XEOMIN solution is injected using a suitable sterile needle (e.g. 27-30 gauge/0.30-0.40 mm diameter/12.5 mm length). Electromyographic guidance is not necessary. An injection volume of approximately 0.05 to 0.1 ml is recommended.

XEOMIN is injected into the medial and lateral orbicularis oculi muscle of the upper lid and the lateral orbicularis oculi muscle of the lower lid. Additional sites in the brow area, the lateral orbicularis oculi muscle and in the upper facial area may also be injected if spasms here interfere with vision.

#### Spasmodic torticollis

A suitable sterile needle (e.g. 25-30 gauge/0.30-0.50 mm diameter/37 mm length) is used for injections into superficial muscles, and an e.g. 22 gauge/0.70 mm diameter/75 mm length needle may be used for injections into deeper musculature. An injection volume of approximately 0.1 to 0.5 ml per injection site is recommended.

In the management of spasmodic torticollis, XEOMIN is injected into the sternocleidomastoid, levator scapulae, scalenus, splenius capitis, and/or the trapezius muscle(s). This list is not exhaustive as any of the muscles responsible for controlling head position may be involved and therefore require treatment. If difficulties arise isolating single muscles, injections should be performed using techniques such as electromyographic guidance or ultrasound. The muscle mass and the degree of hypertrophy or atrophy are factors to be taken into consideration when selecting the appropriate dose.

Multiple injection sites permit XEOMIN more uniform coverage of the innervated areas of the dystonic muscle and are especially useful in larger muscles. The optimum number of injection sites depends on the size of the muscle to be chemically denervated.

The sternocleidomastoid should not be injected bilaterally as there is an increased risk of adverse reactions (in particular dysphagia) when bilateral injections or doses in excess of 100 U are administered into this muscle.

#### Spasticity of the upper limb

Reconstituted XEOMIN is injected using a suitable sterile needle (e.g. 26 gauge/0.45 mm diameter/37 mm length, for superficial muscles and a longer needle, e.g. 22 gauge/0.7 mm diameter/75 mm length, for deeper musculature).

Localisation of the involved muscles with techniques such as electromyographic guidance or ultrasound is recommended in case of any difficulty in isolating the individual muscles. Multiple injection sites may allow XEOMIN to have more uniform contact with the innervation areas of the muscle and are especially useful when larger muscles are injected.

#### 4.3 Contraindications

- Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.
- Generalised disorders of muscle activity (e.g. myasthenia gravis, Lambert-Eaton Syndrome).
- Infection or inflammation at the proposed injection site.

#### 4.4 Special warnings and precautions for use

##### General

Prior to administering XEOMIN, the physician must familiarise himself/herself with the patient's anatomy and any alterations to the anatomy due to prior surgical procedures.

Care should be taken to ensure that XEOMIN is not injected into a blood vessel. For the treatment of cervical dystonia and spasticity, XEOMIN should be injected carefully when injecting at sites close to sensitive structures such as the carotid artery lung apices and oesophagus.

Xeomin should be used with caution:

- if bleeding disorders of any type occur
- in patients receiving anticoagulant therapy or taking other substances in anticoagulant doses.

The recommended single doses of XEOMIN should not be exceeded.

Previously aknetic or sedentary patients should be reminded to gradually resume activities following the injection of XEOMIN.

The clinical effects of Botulinum neurotoxin type A may increase or decrease by repeated injections. The possible reasons for changes in clinical effects are different techniques of reconstitution, the chosen injection intervals, the injected muscles and marginally varying toxin activity resulting from the biological testing procedure employed or secondary non-response.

Local and distant spread of toxin effect

Undesirable effects may occur from misplaced injections of Botulinum neurotoxin type A that temporarily paralyse nearby muscle groups. Large doses may cause paralysis in muscles distant from the injection site.

There have been reports of undesirable effects that might be related to the spread of Botulinum toxin type A to sites distant from the injection site (see section 4.8). Some of these can be life threatening and there have been reports of death, which in some cases was associated with dysphagia, pneumonia and/or significant debility.

Dysphagia has also been reported following injection to sites other than the cervical musculature.

#### Pre-existing neuromuscular disorders

Patients treated with therapeutic doses may experience exaggerated muscle weakness. Patients with neuromuscular disorders may be at increased risk of excessive muscle weakness. The Botulinum toxin type A product should be used under specialist supervision in these patients and should only be used if the benefit of treatment is considered to outweigh the risk. Patients with a history of dysphagia and aspiration should be treated with extreme caution. Patients or caregivers should be advised to seek immediate medical care if swallowing, speech or respiratory disorders occur.

The use of XEOMIN for aesthetic indications is not recommended for patients with a history of dysphagia and aspiration.

XEOMIN should be used with caution:

- in patients suffering from amyotrophic lateral sclerosis
- in patients with other diseases which result in peripheral neuromuscular dysfunction
- in targeted muscles which display pronounced weakness or atrophy.

#### Hypersensitivity reactions

Hypersensitivity reactions have been reported with Botulinum neurotoxin type A products. If serious (e.g. anaphylactic reactions) and/or immediate hypersensitivity reactions occur, appropriate medical therapy should be instituted.

#### Antibody formation

Too frequent doses may increase the risk of antibody formation, which can result in treatment failure (see section 4.2). The potential for antibody formation may be minimised by injecting with the lowest effective dose given at the indicated minimum intervals between injections.

#### Indications

##### Blepharospasm

Injections near the levator palpebrae superioris should be avoided to reduce the occurrence of ptosis. Diplopia may develop as a result of Botulinum neurotoxin type A diffusion into the inferior oblique. Avoiding medial injections into the lower lid may reduce this adverse reaction.

Because of the anticholinergic effect of Botulinum neurotoxin type A, XEOMIN should be used with caution in patients at risk of developing a narrow angle glaucoma.

In order to prevent ectropion, injections into the lower lid area should be avoided, and vigorous treatment of any epithelial defect is necessary. This may require protective drops, ointments, soft bandage contact lenses, or closure of the eye by patching or similar means.

Reduced blinking following XEOMIN injection into the orbicularis muscle can lead to corneal exposure, persistent epithelial defects and corneal ulceration, especially in patients with cranial nerve disorders (facial nerve). Careful testing of corneal sensation should be performed in patients with previous eye operations.

Echymosis easily occurs in the soft tissues of the eyelid. Immediate gentle pressure at the injection site can limit that risk.

##### Spasmodic torticollis

Patients should be informed that injections of XEOMIN for the management of spasmodic torticollis may cause mild to severe dysphagia with the risk of aspiration and dyspnoea. Medical intervention may be necessary (e.g. in the form of a gastric feeding tube) (see also section 4.8). Limiting the dose injected into the sternocleidomastoid muscle to less than 100 units may decrease the occurrence of dysphagia. Patients with smaller neck muscle mass, or patients who require bilateral injections into the sternocleidomastoid muscles are at greater risk. The occurrence of dysphagia is attributable to the spread of the pharmacological effect of XEOMIN as the result of the neurotoxin spread into the oesophageal musculature.

##### Spasticity of the upper limb

XEOMIN as a treatment for focal spasticity has been studied in association with usual standard care regimens, and is not intended as a replacement for these treatment modalities. XEOMIN is not likely to be effective in improving range of motion at a joint affected by a fixed contracture.

New onset or recurrent seizures have been reported, typically in patients who are predisposed to experiencing these events. The exact relationship of these events to Botulinum toxin injection has not been established.

#### Indications

##### Horizontal forehead lines

It should be taken into consideration that horizontal forehead lines may not only be dynamic, but may also result from the loss of dermal elasticity (e.g. associated with aging or photodamage). In this case, patients may not respond to Botulinum toxin products.

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#### 4.5 Interaction with other medicinal products and other forms of interaction

No drug interaction studies have been performed.

Theoretically, the effect of Botulinum neurotoxin may be potentiated by aminoglycoside antibiotics or other medicinal products that interfere with neuromuscular transmission e.g. tubocurarine-type muscle relaxants.

Therefore, the concomitant use of XEOMIN with aminoglycosides or spectinomycin requires special care. Peripheral muscle relaxants should be used with caution, if necessary reducing the starting dose of relaxant, or using an intermediate-acting substance such as vecuronium or atracurium rather than substances with longer lasting effects.

4-Aminoquinolones may reduce the effect of XEOMIN.

#### 4.6 Fertility, pregnancy and lactation

##### Pregnancy

There are no adequate data from the use of Botulinum neurotoxin type A in pregnant women. Studies in animals have shown reproductive toxicity (see section 5.3). The potential risk for humans is unknown. Therefore, XEOMIN should not be used during pregnancy unless clearly necessary and unless the potential benefit justifies the risk.

##### Breast-feeding

It is unknown whether Botulinum neurotoxin type A is excreted into breast milk. Therefore, XEOMIN should not be used during breast-feeding.

##### Fertility

There are no clinical data from the use of Botulinum neurotoxin type A. No adverse effects on male or female fertility were detected in rabbits (see section 5.3).

#### 4.7 Effects on ability to drive and use machines

XEOMIN has a minor or moderate influence on the ability to drive and use machines. Patients should be counselled that if asthenia, muscle weakness, dizziness, vision disorders or drooping eyelids occur, they should avoid driving or engaging in other potentially hazardous activities.

#### 4.8 Undesirable effects

Usually, undesirable effects are observed within the first week after treatment and are temporary in nature. Undesirable effects may be related to the active substance, the injection procedure, or both.

#### Undesirable effects independent from indication

##### Application related undesirable effects

Localised pain, inflammation, paraesthesia, hypoaesthesia, tenderness, swelling, oedema, erythema, itching, localised infection, haematoma, bleeding and/or bruising may be associated with the injection.

Needle related pain and/or anxiety may result in vasovagal responses, including transient symptomatic hypotension, nausea, tinnitus and syncope.

##### Undesirable effects of the substance class Botulinum toxin type A

Localised muscle weakness is one expected pharmacological effect of Botulinum toxin type A. Blepharoptosis, which can be caused by injection technique, is associated with the pharmacological effect of XEOMIN.

##### Toxin spread

When treating neurological indications with Botulinum toxins, undesirable effects related to spread of toxin distant from the site of administration have been reported very rarely to produce symptoms consistent with Botulinum toxin type A effects (excessive muscle weakness, dysphagia, and aspiration pneumonia with a fatal outcome in some cases) (see section 4.4). Undesirable effects such as these cannot be completely ruled out with the use of XEOMIN for aesthetic indications.

##### Hypersensitivity reactions

Serious and/or immediate hypersensitivity reactions including anaphylaxis, serum sickness, urticaria, soft tissue oedema, and dyspnoea have been rarely reported. Some of these reactions have been reported following the use of conventional Botulinum toxin type A complex either alone or in combination with other agents known to cause similar reactions.

#### Undesirable effects dependent on indication

##### Spasmodic torticollis

The management of spasmodic torticollis may cause dysphagia with varying degrees of severity with the potential for aspiration which may require medical intervention. Dysphagia may persist for two to three weeks after injection, but has been reported in one case to last five months.

##### Undesirable effects from clinical experience

Based on clinical experience, information on the frequency of adverse reactions for the individual indications is given below. The frequency categories are defined as follows: very common ( $\geq 1/10$ ); common ( $\geq 1/100$  to  $< 1/10$ ); uncommon ( $\geq 1/1,000$  to  $< 1/100$ ); rare ( $\geq 1/10,000$  to  $< 1/1,000$ ); very rare ( $< 1/10,000$ ), not known (cannot be estimated from the available data).

#### Vertical Lines between the Eyebrows seen at maximum frown (Glabellar Frown Lines)

The following adverse reactions were reported with XEOMIN:

**Infections and infestations**  
Uncommon: Bronchitis, Nasopharyngitis, Influenza like illness

## Upper Facial Lines

The following adverse reactions were reported with XEOMIN:

### Nervous system disorders

Very common: Headache  
Common: Hypoaesthesia

### General disorders and administration site conditions

Common: Injection site haematoma, Injection site pain, Injection site erythema, Discomfort (heavy feeling of frontal area)

### Eye disorders

Common: Eyelid ptosis, Dry eye

### Skin and subcutaneous tissue disorder

Uncommon: Brow ptosis

### Musculoskeletal and connective tissue disorders

Common: Facial asymmetry

### Gastrointestinal disorders

Common: Nausea

### Blepharospasm

The following adverse reactions were reported with XEOMIN:

### Nervous system disorders

Common: Headache, facial paresis

### Eye disorders

Very Common: Eyelid ptosis, dry eyes  
Common: Vision blurred, visual impairment, diplopia, lacrimation increased

### Gastrointestinal disorders

Common: Dry mouth, dysphagia

### Skin and subcutaneous tissue disorders

Uncommon: Rash

### General disorders and administration site conditions

Common: Injection site pain, fatigue

### Musculoskeletal and connective tissue disorders

Common: Muscular weakness

### Spasmodic torticollis

The following adverse reactions were reported with XEOMIN:

### Nervous system disorders

Common: Headache, presyncope, dizziness  
Uncommon: Speech disorder

### Respiratory, thoracic and mediastinal disorders

Uncommon: Dysphonia, dyspnoea

### Gastrointestinal disorders

Very common: Dysphagia  
Common: Dry mouth, nausea

### Skin and subcutaneous tissue disorders

Common: Hyperhidrosis  
Uncommon: Rash

### Musculoskeletal and connective tissue disorders

Common: Neck pain, muscular weakness, myalgia, muscle spasms, musculoskeletal stiffness

### General disorders and administration site conditions

Common: Injection site pain, asthenia

### Infections and infestations

Common: Upper respiratory tract infection

### Spasticity of the upper limb

The following adverse reactions were reported with XEOMIN:

### Nervous system disorders

Uncommon: Headache, hypoaesthesia

### Gastrointestinal disorders

Common: Dry mouth  
Uncommon: Dysphagia, nausea

### Musculoskeletal and connective tissue disorders

Uncommon: Muscular weakness, pain in extremity, myalgia

### General disorders and administration site conditions

Uncommon: Asthenia  
Unknown: Injection site pain

Some of these undesirable effects may be disease related.

### Post-marketing experience

Flu-like symptoms and hypersensitivity reactions like swelling, oedema (also distant from injection site), erythema, pruritus, rash (local and generalised) and breathlessness have been reported.

## 4.9 Overdose

### Symptoms of overdose

Increased doses of Botulinum neurotoxin type A may result in pronounced neuromuscular paralysis distant from the injection site with a variety of symptoms. Symptoms may include general weakness, ptosis, diplopia, breathing difficulties, speech difficulties, paralysis of the respiratory muscles or swallowing difficulties which may result in aspiration pneumonia.

### Measures in cases of overdose

In the event of overdose, the patient should be medically monitored for symptoms of excessive muscle weakness or muscle paralysis. Symptomatic treatment may be necessary. Respiratory support may be required if paralysis of the respiratory muscles occurs.

## 5. PHARMACOLOGICAL PROPERTIES

### 5.1 Pharmacodynamic properties

Pharmacotherapeutic group: other muscle relaxants, peripherally acting agents,  
ATC code: M03AX01

Botulinum neurotoxin type A blocks cholinergic transmission at the neuromuscular junction by inhibiting the release of acetylcholine. The nerve terminals of the neuromuscular junction no longer respond to nerve impulses, and secretion of the neurotransmitter at the motor endplates is prevented (chemical denervation). Recovery of impulse transmission is re-established by the formation of new nerve terminals and reconnection with the motor endplates.

### Mechanism of action

The mechanism of action by which Botulinum neurotoxin type A exerts its effects on cholinergic nerve terminals can be described by a four-step sequential process which includes the following steps:

- Binding: The heavy chain of Botulinum neurotoxin type A binds with exceptionally high selectivity and affinity to receptors only found on cholinergic terminals.
- Internalisation: Constriction of the nerve terminal's membrane and absorption of the toxin into the nerve terminal (endocytosis).
- Translocation: The amino-terminal segment of the neurotoxin's heavy chain forms a pore in the vesicle membrane, the disulphide bond is cleaved and the neurotoxin's light chain passes through the pore into the cytosol.
- Effect: After the light chain is released, it very specifically cleaves the target protein (SNAP 25) that is essential for the release of acetylcholine.

Complete recovery of endplate function/impulse transmission after intramuscular injection normally occurs within 3-4 months as nerve terminals sprout and reconnect with the motor endplate.

### Results of the clinical studies (Aesthetic Indications)

#### Vertical Lines between the Eyebrows seen at maximum frown (Glabella-Frown Lines)

A total of 994 subjects with moderate to severe glabellar frown lines at maximum frown participated in studies with XEOMIN in the indication glabellar frown lines. Of these, 169 subjects ( $\geq 18$  years) were treated with XEOMIN in the Main Period of the pivotal Phase III double-blind placebo controlled trial and 236 subjects were treated in the Open-label Extension (OLEX) of that study. Treatment success was defined as a 'none' or 'mild' assessment on a 4-point Facial Wrinkle Scale assessed by the investigator at week 4 at maximum frown. The study demonstrated a statistically significant and clinically relevant efficacy of 20 units XEOMIN when compared to placebo. The overall success rate was 51.5% in the XEOMIN group vs. 0% in the placebo group. No worsening was observed in any patient treated with XEOMIN in the pivotal study. This was validated by the higher number of responders at Day 30 according to the Facial Wrinkle Scale at maximum frown by both the investigator and the patient's assessment showing a significantly higher proportion of responders among the patients receiving 20 units XEOMIN compared to placebo.

Subgroup analysis showed that efficacy in patients older than 50 years is lower compared to younger patients. Of those, 113 subjects were in the age of 50 years or younger and 56 subjects were older than 50 years of age. Efficacy in men is lower compared to women. Of those, 33 subjects were male and 136 subjects were female.

Therapeutic equivalence of XEOMIN as compared to a comparator product Vistabel/Botox containing Botulinum toxin type A complex (onabotulinumtoxinA, 900 kD) was shown in two comparative, prospective, multicentre, randomised, double-blind studies (n=631) using single-doses (20 and 24 units, respectively). Study results demonstrated that XEOMIN and the comparator product have a similar efficacy and safety profile in patients with

moderate to severe glabellar frown lines when used with a dosing conversion ratio of 1:1 (see section 4.2).

Long-term safety in repeat-dose (20 units) treatment of glabellar frown lines has been demonstrated in a Phase III study over a treatment period of up to two years with up to 8 consecutive injection cycles (MRZ 60201-0609, n=796) [Rzany et al., 2013].

#### Lateral Periorbital Lines seen at maximum smile (Crow's Feet Lines)

In a Phase III study, 111 subjects with moderate to severe lateral periorbital lines (crow's feet lines) at maximum smile were treated during 1 cycle with 12 units XEOMIN or placebo per side (right/left eye area) with a comparison of a 3-point and a 4-point injection schemes.

Treatment success was defined as an improvement of at least 1 point on a 4-point scale assessed by an independent rater at week 4 using standardised digital photographs taken at maximum smile for either eye area compared to baseline. Both the 3-point injection and 4-point injection schemes showed superiority over placebo. For the 3-point injection scheme, the success rate was 69.9% in the XEOMIN group vs. 21.4% in the placebo group, and for the 4-point injection scheme, 68.7% vs. 14.3%, respectively. No worsening was observed in any patient treated with XEOMIN. This was validated by the higher number of responders at Day 30 according to a 4-point scale at maximum smile by both the investigator and the patient's assessment showing a significantly higher proportion of responders among the patients receiving 12 units of XEOMIN per eye area compared to placebo.

### Upper Facial Lines

Efficacy and safety of 54 to 64 units XEOMIN in the combined treatment of upper facial lines (glabellar frown lines, lateral periorbital lines and horizontal forehead lines) were investigated in a placebo-controlled Phase III study including 156 subjects. Responders were defined as patients having a score of 'none' or 'mild' at maximum contraction as assessed by the investigator according to the 5-point Merz Aesthetics Scales. The analysis demonstrated statistically significant treatment differences and high responder rates under XEOMIN in the treatment of glabellar frown lines, lateral periorbital lines and horizontal forehead lines alone as well as for all areas combined: A total of 82.9% of XEOMIN treated subjects showed response for glabellar frown lines, while none of the placebo subjects was a responder. For lateral periorbital lines, response was seen for a total of 63.8% of XEOMIN treated subjects compared to 2.0% of placebo subjects. A total of 71.4% of XEOMIN treated subjects showed response for horizontal forehead lines, while only one placebo subject (2.0%) was a responder. For all three areas combined, response was reported for the majority of subjects in the XEOMIN group (54.3%) and for none of the subjects in the placebo group (0.0%).

### Results of the clinical studies (Neurologic Indications)

Therapeutic equivalence of XEOMIN as compared to the comparator product Botox containing the Botulinum toxin type A complex (onabotulinumtoxinA, 900 kD) was shown in two comparative single-dosing Phase III studies, one in patients with blepharospasm (study MRZ 60201-0003, n=300) and one in patients with cervical dystonia (study MRZ 60201-0013, n=463). Study results also suggest that XEOMIN and this comparator product have a similar efficacy and safety profile in patients with blepharospasm or cervical dystonia when used with a dosing conversion ratio of 1:1 (see section 4.2).

### Blepharospasm

XEOMIN has been investigated in a Phase III, randomised, double-blind, placebo-controlled, multi-center trial in a total of 109 patients with blepharospasm. Patients had a clinical diagnosis of benign essential blepharospasm, with baseline Jankovic Rating Scale (JRS) Severity subscore  $\geq 2$ , and a stable satisfactory therapeutic response to previous administrations of Botox (onabotulinumtoxinA). Patients were randomised (2:1) to receive a single administration of XEOMIN (n=75) or placebo (n=34) at a dose that was similar (+/- 10 %) to the 2 most recent Botox injection sessions prior to study entry. The highest dose permitted in this study was 50 units per eye; the mean XEOMIN dose was 32 units per eye.

The primary efficacy endpoint was the change in the JRS Severity subscore from baseline to Week 6 post-injection, in the intent-to-treat (ITT) population, with missing values replaced by the patient's most recent value (last observation carried forward). In the ITT population, the difference between the XEOMIN group and the placebo group in the change of the JRS Severity subscore from baseline to Week 6 was -1.0 (95 % CI -1.4; -0.5) points and statistically significant (p<0.001).

Patients could continue with the Extension Period if a new injection was required. The patients received up to five injections of XEOMIN with a minimum interval between two injections of at least six weeks (48-69 weeks total study duration) and a maximum dose of 50 units per eye. Over the entire study, the median injection interval in subjects treated with NT 201 ranged between 10.14 (1st interval) and 12.00 weeks (2nd to 5th interval).

### Spasmodic torticollis

XEOMIN has been investigated in a Phase III, randomised, double-blind, placebo-controlled, multi-center trial in a total of 233 patients with cervical dystonia. Patients had a clinical diagnosis of predominantly rotational cervical dystonia, with baseline Toronto Western Spasmodic Torticollis Rating Scale (TWSTRS) total score  $\geq 20$ . Patients were randomised (1:1:1) to receive a single administration of XEOMIN 240 units (n=81), XEOMIN 120 units (n=78), or placebo (n=74). The number and sites of the injections were to be determined by the Investigator.

The primary efficacy variable was the LS mean change from Baseline to Week 4 following injection in the TWSTRS-Total score, in the Intent-to-Treat (ITT) Population with missing values replaced by the patient's baseline value (full statistical model). The change in TWSTRS-Total score from Baseline to Week 4 was significantly greater in the NT 201 groups, compared with the change in the placebo group (p<0.001 across all statistical models). These differences were also clinically meaningful; e.g. -9.0 points for 240 units vs. placebo, and -7.5 points for 120 units vs. placebo in the full statistical model. Patients could continue with the Extension Period if a new injection was required. The patients received up to five injections of 120 units or 240 units of XEOMIN with a minimum interval between two injections of at least six weeks (48-69 weeks total study duration). Over the entire study, the median injection interval in subjects treated with NT 201 ranged between 10.00 (1st interval) and 13.14 weeks (3rd and 6th interval).

### Spasticity of the upper limb

In the pivotal study (double-blind, placebo-controlled, multicentre) conducted in patients with post-stroke spasticity of the upper limb, 148 patients were randomised to receive XEOMIN (n=73) or Placebo (n=75) in accordance with the dose recommendations for initial treatment presented in section 4.2 of the SmPC. The cumulative dose after up to 6 repeated treatments in a clinical trial was in average 1333 units (maximum 2395 units) over a period of up to 89 weeks.

As determined for the primary efficacy parameter (response rates for the wrist flexors Ashworth Scale score at Week 4, response defined as improvement of at least 1-point in the 5-point Ashworth Scale score), patients treated with XEOMIN (response rate: 68.5 %) had a 3.97 fold higher chance of being responders relative to patients treated with placebo (response rate: 37.3 %; 95 % CI: 1.90 to 8.30; p<0.001, ITT population).

This fixed dose study was not designed to differentiate between female and male patients, nevertheless in a post-hoc analysis the response rates were higher in female (89.3 %) compared to male (55.6 %) patients, the difference being statistically significant for women only. However, in male patients response rates in Ashworth Scale after 4 weeks in XEOMIN treated patients were consistently higher in all muscle groups treated compared to placebo.

Responder rates were similar in men compared to women in the open label extension period of the pivotal study (flexible dosing was possible in this trial period) in which 145 patients were enrolled and up to 5 injection cycles were performed, as well as in the observer-blind study (EudraCT Number 2006-003036-30) in which efficacy and safety of XEOMIN in two different dilutions in 192 patients were assessed in patients with upper limb spasticity of diverse aetiology.

Another double-blind, placebo-controlled Phase III clinical trial enrolled a total of 317 treatment-naïve patients with spasticity of the upper limb who were at least three months post-stroke. During the Main Period a fixed total dose of XEOMIN (400 units) was administered intramuscularly to the defined primary target clinical pattern chosen from among the flexed elbow, flexed wrist, or clenched fist patterns and to other affected muscle groups (n=210). The confirmatory analysis of the primary and co-primary efficacy variables at week 4 post-injection demonstrated statistically significant improvements in the responder rate of the Ashworth score, or changes from baseline in the Ashworth score and the Investigator's Global Impression of Change. 296 treated patients completed the Main Period and participated in the first Open-label Extension (OLEX) cycle. During the Extension Period patients received up to three injections. Each OLEX cycle consisted of a single treatment session (400 units of XEOMIN total dose, distributed flexibly among all affected muscles) followed by a 12 week observation period. The overall study duration was 48 weeks.

Treatment of shoulder muscles was investigated in an open-label Phase III study which included 155 patients with a clinical need for treatment of combined upper and lower limb spasticity. The study protocol allowed for administration of doses up to 600 units of XEOMIN to the upper limb. This study showed a positive relationship between increasing doses of XEOMIN and improvement of the patients' condition as assessed by Ashworth Scale and other efficacy variables without compromising the patients' safety or the tolerability of XEOMIN.

### 5.2 Pharmacokinetic properties

#### General characteristics of the active substance

Classic kinetic and distribution studies cannot be conducted with Botulinum neurotoxin type A because the active substance is applied in such small quantities (picograms per injection) and binds rapidly and irreversibly to the cholinergic nerve terminals.

Native Botulinum toxin type A is a high molecular weight complex which, in addition to the neurotoxin (150 kD), contains other non-toxic proteins, like haemagglutinins and non-haemagglutinins. In contrast to conventional preparations containing the Botulinum toxin type A complex, XEOMIN contains pure (150 kD) neurotoxin because it is free from complexing proteins and thus has a low foreign protein content. The foreign protein

content administered is considered as one of the factors for secondary therapy failure.

Botulinum neurotoxin type A has been shown to undergo retrograde axonal transport after intramuscular injection. However, retrograde trans-synaptic passage of active Botulinum neurotoxin type A into the central nervous system has not been found at therapeutically relevant doses.

Receptor-bound Botulinum neurotoxin type A is endocytosed into the nerve terminal prior to reaching its target (SNAP 25) and is then degraded intracellularly. Free circulating Botulinum neurotoxin type A molecules, which have not bound to presynaptic cholinergic nerve terminal receptors, are phagocytosed or pinocytosed and degraded like any other free circulating protein.

#### Distribution of the active substance in patients

Human pharmacokinetic studies with XEOMIN have not been performed for the reasons detailed above.

### 5.3 Preclinical safety data

Non-clinical data reveal no special hazard for humans based on conventional studies of cardiovascular and intestinal safety pharmacology.

The findings from repeated-dose toxicity studies on the systemic toxicity of XEOMIN in animals were mainly related to its pharmacodynamic action, i.e. atony, paresis and atrophy of the injected muscle.

No evidence of local intolerance was noted. Reproductive toxicity studies with XEOMIN did neither show adverse effects on male or female fertility in rabbits nor direct effects on embryo-foetal or on pre- and post-natal development in rats and/or rabbits. However, the administration of XEOMIN at different intervals (daily or less frequently) in embryotoxicity studies at dose levels exhibiting maternal body weight reductions increased the number of abortions in rabbits and slightly decreased foetal body weight in rats. Continuous systemic exposure of the dams during the (unknown) sensitive phase of organogenesis as a pre-requisite for the induction of teratogenic effects cannot necessarily be assumed in these studies. Accordingly, safety margins with regard to clinical therapy were generally low in terms of high clinical doses.

No genotoxicity or carcinogenicity studies have been conducted with XEOMIN.

## 6. PHARMACEUTICAL PARTICULARS

### 6.1 List of excipients

Human albumin  
Sucrose

### 6.2 Incompatibilities

This medicinal product must not be mixed with other medicinal products except those mentioned in section 6.6.

### 6.3 Shelf life

3 years

### Reconstituted solution

Chemical and physical in-use stability has been demonstrated for 24 hours at 2 °C to 8 °C.

From a microbiological point of view, the product should be used immediately. If not used immediately, in-use storage times and conditions prior to use are the responsibility of the user and would normally not be longer than 24 hours at 2 °C to 8 °C, unless reconstitution has taken place in controlled and validated aseptic conditions.

### 6.4 Special precautions for storage

Do not store above 25 °C.

For storage conditions after reconstitution of the medicinal product, see section 6.3.

### 6.5 Nature and contents of container

Vial (type 1 glass) with a stopper (bromobutyl rubber) and tamper-proof seal (aluminium).

Pack sizes of 1, 2, 3 or 6 vials.

Not all pack sizes may be marketed.

### 6.6 Special precautions for disposal and other handling

#### Reconstitution

Xeomin is reconstituted prior to use with sodium chloride 9 mg/mL (0.9%) solution for injection. Reconstitution and dilution should be performed in accordance with good clinical practice guidelines, particularly with respect to asepsis.

It is good practice to reconstitute the vial contents and prepare the syringe over plastic-lined paper towels to catch any spillage. An appropriate amount of sodium chloride solution is drawn up into a syringe. A 20-27 gauge short bevel needle is recommended for reconstitution. After vertical insertion of the needle through the rubber stopper, the solvent is injected gently into the vial in order to avoid foam formation. The vial must be discarded if the vacuum does not pull the solvent into the vial. Remove the syringe from the vial and mix Xeomin with the solvent by carefully swirling and inverting/flipping the vial - do not shake vigorously. If needed, the needle used for reconstitution should remain in the vial and the required amount of solution should be drawn up with a new sterile syringe suitable for injection.

Reconstituted Xeomin is a clear, colourless solution.

Xeomin must not be used if the reconstituted solution has a cloudy appearance or contains floccular or particulate matter.

Possible dilutions for XEOMIN 50 and 100 units are indicated in the following table:

Resulting dose (in units per 0.1 ml)	Solvent added (sodium chloride 9 mg/ml (0.9 %) solution for injection)	
	Vial with 50 units	Vial with 100 units
20 units	0.25 ml	0.5 ml
10 units	0.5 ml	1 ml
8 units	0.625 ml	1.25 ml
5 units	1 ml	2 ml
4 units	1.25 ml	2.5 ml
2.5 units	2 ml	4 ml
2 units	2.5 ml	5 ml
1.25 units	4 ml	Not applicable

Any solution for injection that has been stored for more than 24 hours as well as any unused solution for injection should be discarded.

#### Procedure to follow for a safe disposal of vials, syringes and materials used

Any unused vials or remaining solution in the vial and/or syringes should be autoclaved. Alternatively, the remaining XEOMIN can be inactivated by adding one of the following solutions: 70 % ethanol, 50 % isopropanol, 0.1 % SDS (anionic detergent), diluted sodium hydroxide solution (0.1 N NaOH), or diluted sodium hypochlorite solution (at least 0.1 % NaOCl).

After inactivation used vials, syringes and materials should not be emptied and must be discarded into appropriate containers and disposed of in accordance with local requirements.

Recommendations should any incident occur during the handling of Botulinum toxin type A

- Any spills of the product must be wiped up: either using absorbent material impregnated with any of the above listed solutions in case of the powder, or with dry, absorbent material in case of reconstituted product.
- The contaminated surfaces should be cleaned using absorbent material impregnated with any of the above solutions, then dried.
- If a vial is broken, proceed as mentioned above by carefully collecting the pieces of broken glass and wiping up the product, avoiding any cuts to the skin.
- If the product comes into contact with skin, rinse the affected area abundantly with water.

- If product gets into the eyes, rinse thoroughly with plenty of water or with an ophthalmic eyewash solution.

- If product comes into contact with a wound, cut or broken skin, rinse thoroughly with plenty of water and take the appropriate medical steps according to the dose injected.

These instructions for use, handling and disposal should be strictly followed.

To report any side effect(s):

### United Arab of Emirates:

Drug Department  
Pharmacovigilance section  
Ministry of Health & Prevention, Dubai, UAE  
P.O.Box: 1853  
Tel: 80011111  
Email: pv@moh.gov.ae

## 7. MARKETING AUTHORISATION HOLDER

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Germany

### BATCH RELEASER:

Merz Pharma GmbH & Co. KGaA  
Ludwigstraße 22  
64354 Reinheim  
Germany

## 8. MARKETING AUTHORISATION NUMBER IN UAE:

XEOMIN 50: 11993-13652-1

XEOMIN 100: 11993-13652-2

## 9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

XEOMIN 50: 18.March.2015

XEOMIN 100: 18.March.2015

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